

Sepsis Alert Process

Skyler Hughes, BSN, RN, HACCP-CMS
Owensboro Health Regional Hospital

Sepsis Screening

- **Are Rigors present?**
 - Feeling of cold, shivering, copious sweating
- **Is there a suspected infection?**
 - Known infection, wound with redness or drainage, current antibiotic therapy, fever, productive cough, painful urination, etc.
- **Does the patient have Altered Mental Status or changes from baseline?**
- **Are two or more of the SIRS criteria present and new to the patient?**

SIRS criteria:

Temperature: $\geq 100.4^{\circ}\text{F}$ or $\leq 96.8^{\circ}\text{F}$

Respiratory Rate: ≥ 20 breaths per minute

Heart Rate: ≥ 90 beats per minute

WBC: $\geq 12,000$ or $\leq 4,000$ or normal WBC with $\geq 10\%$ bands

MUST MEET 2 OR MORE!



If you answer **YES** to **TWO** or more questions



Sepsis Alert & Order
"Suspected Sepsis"
Triage protocol order and Start Sepsis Bundle Checklist



Monitor for any Evidence of Organ Dysfunction?

CNS: new onset or worsening altered mental status

Cardiovascular: **SBP < 90, MAP < 65**, or SBP decrease of > 40 points from baseline

Respiratory: respiratory failure, new need for supplemental O₂, vent or Bipap

Renal: Cr > 2.0 or urine output < 0.5 ml/kg/hr for 2 hours

Hepatic: Bilirubin > 2 mg/dl

Hematologic: Platelet count < 100,000 or INR > 1.5 or aPTT > 60 seconds

Severe Sepsis: Lactate > 2 mmol/L

Septic Shock: **Lactate > 4 mmol/L, SBP < 90, MAP < 65 after fluid resuscitation**



Yes to any Organ Dysfunction – Notify Provider Immediately



Sepsis
Complete **Sepsis Bundle Checklist** and Monitor for Septic Shock

Sepsis Bundle Checklist

Sepsis Presentation Time: _____

Part 1

Part 2

_____ Measure Lactate level

_____ Obtain blood cultures **BEFORE** administering antibiotics (if you have difficulty obtaining, contact provider ASAP)

_____ Administer broad spectrum **antibiotics**

_____ Administer 30mL/kg crystalloid for **hypotension** (MAP<65, SBP<90) or **lactate >4mmol/L**

_____ Document **2 sets** of vitals within 1-hour post fluid resuscitation

_____ Apply vasopressors for hypotension that does not respond to initial fluid resuscitation to maintain a **MAP ≥ 65 mm Hg**

_____ Remeasure lactate if initial lactate elevated (> 2 mmol/L)

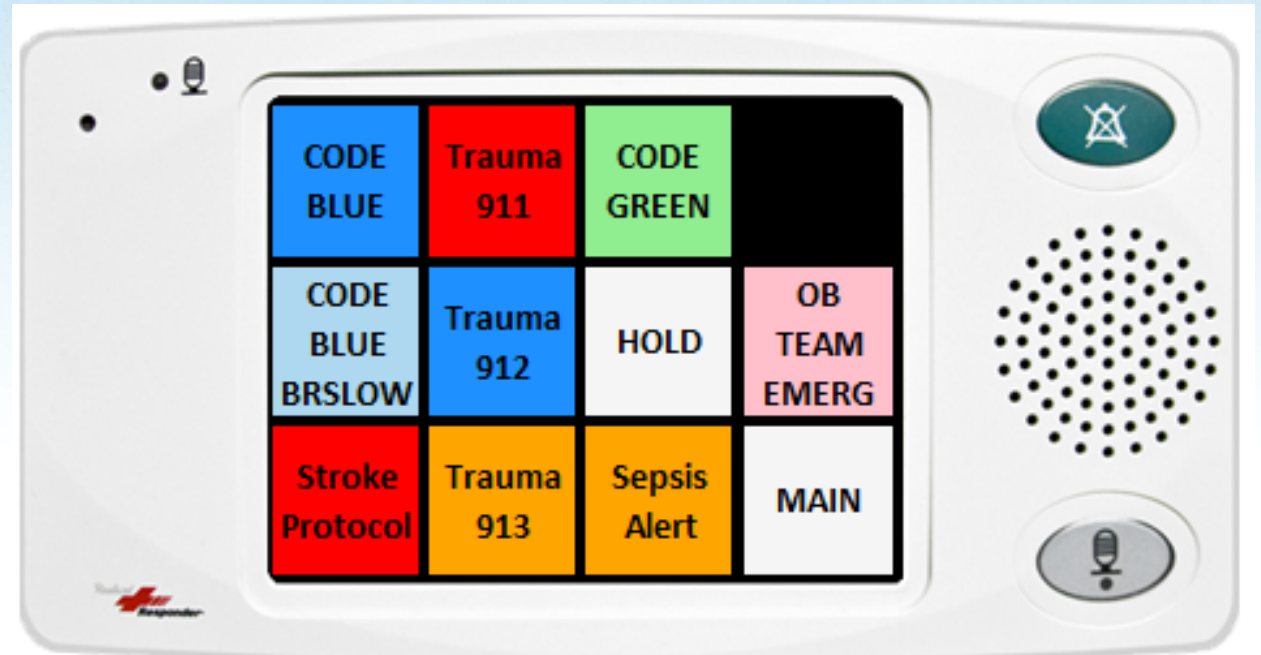
_____ Tissue perfusion assessment per provider

SEPTIC SHOCK 1 HOUR BUNDLE:

ALL components of the bundles should be initiated in 1 hour of Shock presentation time

ED Sepsis Alert

- Similar to stroke, trauma or code
- Used for patients that meet criteria for sepsis or nursing discretion
- Alert is sent to:
 - ED RNs
 - ED techs
 - Pharmacy
 - Clinical Program Specialist
 - ED provider
 - ED Supervisors/Flow Coordinator



ED Nursing Triage Protocol

Manage Orders

Quick List Active Signed & Held Home Meds Order Review

Order Sets

Suggested (8) ∨ CAR Cath Pre-Procedure CAR Generic Admission

Quick List Imaging Nursing Communication

Triage Panels

- Abdominal Pain and/or Vomiting
- Behavioral Health
- Chest Pain
- Dyspnea/Asthma/COPD
- ED Stroke or TIA order panel
- Suspected Sepsis
- Trauma - Adult

ECG

- ED EKG 12 lead W/INTERP93005

Blood

- Amylase (Blood)
- Arterial blood gas panel (RT)
- Basic metabolic panel (C7)
- BNP peptide
- CBC With Differential
- CK-CPK-Creatinine phosphokinase
- CKMB (Mass MB)
- Comprehensive metabolic panel
- C-reactive protein titer
- Ethyl alcohol (Blood)

Sepsis Narrator

The screenshot displays the Epic Sepsis Narrator interface. At the top, a navigation bar includes tabs for 'Chart Re...', 'Results', 'Immuniza...', 'Triage', 'Narrator', 'Disposition', 'Trauma', 'Code', 'Sedation', and 'Sepsis'. The 'Sepsis' tab is highlighted with a red box. Below the navigation bar, the main interface is divided into several sections:

- Left Panel:** Contains patient information such as 'Code: Full Code (Adv Dir: None)', 'Accom Code: General', 'Private: No', and 'Fletcher, Gregory M., MD Attending'. It also lists allergies and implants.
- Top Section:** Includes 'Favorites', 'Staff (0)', 'Essential Documentation (3)', and 'Active Meds & Blood (2)'. The 'Essential Documentation' list includes 'Cardiac Assessment', 'Respiratory Assessment', and 'Skin Color/Condition'. A warning indicates 'Documentation is overdue'.
- QuickBar:** A section for recording vital signs with fields for BP, MAP (mmHg), Respirations, Heart Rate, SpO2, and End Tidal CO2. A 'File' button is present.
- Event Log:** A table showing patient events. The first entry is 'Vitals' at 13:18:00 by user 'KB', with details for Vital Signs, Oxygen Therapy, and Vitals Assessment. The second entry is 'Troponin I Resulted' at 13:18:00 by user 'LE'.
- Right Panel:** Lists 'Sepsis Response Events' (Documentation Start, 0-3 Hour Bundle Start, Documentation End, Bundle End) and 'Sepsis Response Documentation' items with checkboxes for completion.

Sepsis Sidebar Checklist

← ↻ 📄 Sepsis Tracking Checklist More 🔍 ⚙️ 🔍 🔍

treatment team Active Orders

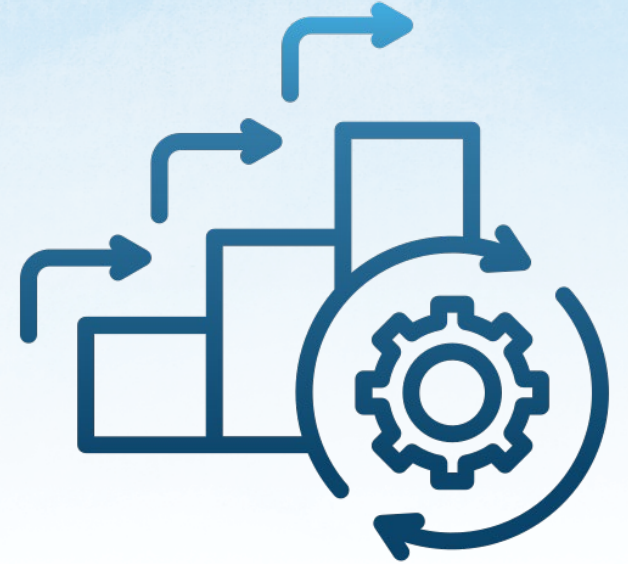
Core Measures Sidebar

00:00
Select Refresh to Update Timer

- ✓ Blood Cultures Ordered
- ✓ Lactate Ordered
- ⊘ Lactate Not Resulted
- ⊘ Repeat Lactate Not Resulted
- ⊘ Antibiotics Not Ordered
- ⊘ First Antibiotics Not Administered
- ✓ Fluid Resuscitation Ordered
- ⊘ Fluid Resuscitation Not Administered
- ⊘ Fluid Resuscitation Volume Not Documented

Challenges and Opportunities

- Challenges:
 - High volume surge times
 - Competing priorities
 - Manual process
- Opportunities
 - Increase use of alerts
 - Increase use of RN protocol and physician order sets
 - Automate process



For additional questions, please contact:

Skyler Hughes

Skyler.hughes@owensborohealth.org

Office: 270-417-4734

Sam West

Sam.west@owensborohealth.org

Office: 270-417-4374